Entertaining Yourself [1]

Week of:
Aug 07, 2020

Masturbation — Too much of a good thing? [2]

1) Dear Alice —

I don't know if it's stress or what, but lately I feel the urge to masturbate five or six times a day (and I do). This has been going on for about two months now. I'm a twenty-four-year-old man who doesn't get it any other way lately. Should I be concerned?

Signed,
Humble

2) Dear Alice —

If a person masturbates once or twice a day, over a long period of time, like two to three years, would there be any side effects for this person? Or maybe, are there any long-term side effects?

Signed,
Curious Student about Masturbation

Masturbation fantasies? [3]

Dear Alice,

I am curious about men's masturbation fantasies. Specifically, I am wondering what men think about when they are looking at an adult magazine or videotape and masturbating. Are they thinking about being with the woman they are looking at, or what?

Wanna understand

Read more [3]

Dear Alice,

I have searched your files for the answer to a question that has long been bugging me. It has to do with masturbation. I can see by the questions there are many men who masturbate, but I don’t see many from women. Do many women masturbate? Are they just more shy about talking about it? Can you give any specifics on the percentage of women, versus the percentage of men, who masturbate?

— Wants to learn more

Read more [4]

Enthusiastic masturbation causes swelling? [5]

Dear Alice,

I went crazy and started masturbating more than usual in the shower and then when I got out my foreskin was swelled up. Should I see a doctor?

Read more [5]


Dear Alice,

I play tennis at a high level in India. But I masturbate and somehow my friends have come to know and tease me on it. I wanted to know does masturbation have any bad effects and especially on sportspeople? Please reply my question as I feel very guilty after doing it. Thank you!

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