### How do you count sheep in the summer heat? [1]

- **I use curtains to block out the sunlight.**
  - Total votes: 6% (8 votes)

- **I use a fan or turn down the thermostat.**
  - Total votes: 28% (40 votes)

- **I switch out my warmer bedsheets for thinner ones.**
  - Total votes: 7% (10 votes)

- **I pack away my flannel pajamas in favor of summer sleep duds.**
  - Total votes: 1% (2 votes)

- **I hydrate with cold water before getting my zzzs.**
  - Total votes: 1% (1 vote)

- **More than one of these!**
  - Total votes: 54% (78 votes)

- **Something else!**
  - Total votes: 4% (6 votes)

**Total votes:** 145
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Source URL: https://goaskalice.columbia.edu/polls/how-do-you-count-sheep-summer-heat-0

Links