Riding the Highs and Lows of Marijuana Use

Week of:
Jun 21, 2019

Does pot impair long-term learning?

Dear Alice,

I typically don't smoke that much weed, especially during the school year. Last year, for instance, I smoked maybe once a month. This summer, though, my friends and I have all hit the bong pretty hard. I'm worried such frequency over a few months could impair my long-term capacity for learning. Is there any salt to this concern?

Thanks,
Smokin' too much

Effects of marijuana on libido and fertility

Dear Alice,

What are the effects of marijuana on libido and fertility? My boyfriend smokes like crazy, and although he has been smoking for a number of years, I am worried about him.

Signed,
Endo

Smoking pot while pregnant — will it harm the baby later on?
Dear Alice,

What happens if you smoke weed while you are pregnant? Will the baby have problems in the future?

Read more [4]

**Moderate marijuana use and health effects?** [5]

Dear Alice,

Just how dangerous is light to moderate use of marijuana (one joint per week)? I have heard that it is less dangerous than alcohol or tobacco use. Also, its metabolites are stored in fatty tissues, but do they cause any harm?

Thanks.

Read more [5]

**Smoking marijuana for essential tremor disorder?** [6]

Dear Alice,

A friend of mine has an essential tremor disorder. She smokes weed almost everyday because she said it helps her to stop shaking. She tried all kind of medicines doctors have prescribed her, and botox and acupuncture. None of them helped her. Any advice?

— very concerned about my friend

Read more [6]