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## 25 Years of Questionable Behavior <sup>[1]</sup>

### What's this all about?

In celebration of a quarter-century's worth of health-related questions, responses, and wonderful readers like you, the *25 Years of Questionable Behavior* campaign aims to recognize the history of *Go Ask Alice!* as a resource to inform decisions about health and well-being — and have just a little bit of fun while doing it. Special features of this campaign include: big ol' milestones, interesting inquiries (aren't they all interesting?), tons of trends from days of yore, and more. You can check back regularly for more goodies and there'll be even more posted on social media (search for *#25yearsofgoaskalice*).

Hope you enjoy taking a ride on this memory lane train and learning along the way!

### What questions were asked on Go Ask Alice! in the year....

**2015:** Working hard or hardly working? When wondering about whether or not therapy was working for them, this reader asked... [What are reliable signs of effective therapy?](#) <sup>[2]</sup>

**2009:** One reader was hoping to imbibe some useful information about the potential health benefits and risks of different types of alcohol use. Raise a glass to your health and read up on their Q&A — [Do any alcohols have any specific benefits?](#) <sup>[3]</sup>...

**2004:** Curious about an object shaped like a phallus, this reader decided to *Go Ask Alice!* Check out this 2004 question: [History of dildos](#) <sup>[4]</sup>

**2000:** There's a chill in the air and a flash of goose flesh takes over... but why? This reader wanted to know: [Why do you shiver? What causes goosebumps?](#) <sup>[5]</sup>

**1994:** This one is a highlight dedicated to all fellow New Yorkers out there. This reader asked: [How bad is the water here in New York City?](#) <sup>[6]</sup>

**Thirsty for more?** Check back later for another featured question submission from 2015.

25 YEARS OF  
QUESTIONABLE BEHAVIOR

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**WHAT ARE  
RELIABLE SIGNS  
OF EFFECTIVE  
THERAPY**



## What was Go Ask Alice! up to in the year...

**2015:** The Glow Up 2.0. *Go Ask Alice!* [got a new website design](#) [7], making it more accessible for low-vision and blind users.

**2009:** *Go Ask Alice!* [won a Web Health Award](#) [8] and became a smiling face in the social media game. Looking for some top-notch health content in your feed? Follow [Go Ask Alice! on Facebook](#) [9].

**2004:** The Glow Up. The *Go Ask Alice!* website got a [whole new look](#) [10].

**2000:** No need to check back weekly with Alice!; Alice! will email you. The [Get Alice! in your Inbox](#) newsletter was created [11] so that dedicated readers could get the new and updated content they craved straight to their email. Inbox feeling empty? [Subscribe today!](#) [12]

**1994:** *Go Ask Alice!* made it's World Wide Web debut [13]! A resource that was only available to Columbia University students in 1993 was then made available to all those with access to the Internet. And with that, the asking continued....

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If you are in an urgent situation, please [visit our Emergency page](#) to view a list of 24 hour support services and hotlines.

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**Source URL:** <https://goaskalice.columbia.edu/basic-page/25-years-questionable-behavior>

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