Looking for the right person [2]

Dear Alice,

I'm a guy who can't seem to find the right person. I'm not unattractive or a louse, but for the longest time I've had trouble starting a relationship with anyone. The problem is that when I meet a woman, I can't seem to progress past the friendship stage. Many of these women become my good friends, but they just don't seem interested in starting a physical relationship. My bad luck has left me feeling unattractive and unconfident. I get frustrated when I hear about my friends falling in and out of relationships. Any ideas on how I can improve my relationship status? I know it's vague, but it's been troubling me for a long time.

Thanks,
Down on his luck

Read more [2]

What should I look for in mouthwash? [3]

Dear Alice,

I've been trying to take better care of my teeth lately (as a general health thing, not because my dentist says I'm in trouble or anything) and so I started using mouthwash after I brush. But I'm confused about what it actually does. If I get a kind with lots of alcohol (which bothers me) it seems like it's supposed to kill germs and keep bad breath away. But in the alcohol-free ones, there's a huge variety: freshening, fluoride, anti-plaque... What is the point of mouthwash supposed to be? What should I be looking for?

Thanks,
curious mouthwasher

Read more [3]
Face looks permanently sunburnt

Dear Alice,

What is wrong with my face? It permanently looks sunburnt across my nose, cheeks and on my chin. Sometimes it appears worse than others. It is hot to touch and often bleeds. Typical rosacea treatments do not improve the redness or pain. I'm overweight but otherwise healthy. Thanks!

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Staring at the computer all day... okay for my eyes?

Alice,

My eyes feel dry and swollen after hours of staring at the computer monitor. Is there any long range harm caused by spending both work and play time in front of the computer? I work out, and eat a healthy, low-fat diet. I don't have any other vices except perhaps a higher than normal caffeine intake.

— Computer nerd

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My hairless face is holding me back — I look too young!

Dear Alice,

I have a problem. I am a 21-year-old male with the face of a 15-year-old. What I mean is that I am unable to grow facial hair. I was late starting puberty and it has left me underdeveloped. My baby face is affecting people's trust in me, especially at my job. I am constantly referred to as the kid and I feel that I am never really taken seriously. I am wondering if there are any types of drugs that can possibly aid in my facial hair growth problem and, if there are, what are the side effects? Please help me. I am sick of being a man trapped behind a child's face. Thank you in advance.

— Smooth

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