Week of:
Sep 20, 2019

What causes bunions? [2]

Dear Alice,

What is the cause of bunions? A stubbed toe? Nutritional? Can the growth be stopped before a shoe doesn't fit? Why the occasional burning sensation when there is no pressure on the "bone?"

Read more [2]

Taking care of an ingrown toenail [3]

Dear Alice,

The nail on my toe seems to have cut deeply into the skin and is bothering me. I also seem to have the signs of fungus (colored nail). What non-surgical methods exist to cure these?

Regards,

B.

Read more [3]

Toenail fungus [4]

Dear Alice,

I think I might have a toenail fungus infection (onychomycosis). Should I purchase over-the-counter medication and try to remedy the situation on my own, or should I go directly to a podiatrist to evaluate this problem? I do have an excellent insurance and prescription policy!

Read more [4]
**Toning shoes — Good or goofy?** [5]

Dear Alice,

I was wondering whether or not toning shoes actually help you be more physically fit.

Thanks,

Trying to be Toned

Read more [5]

**Foot fetish?** [6]

1) Dear Alice,

I like to kiss my wife's feet. Do I have a foot fetish?

Signed,

Reader

2) Dear Alice,

I get sexually aroused by feet. Am I a freak, or what?

Signed,

Foot Worshipper

3) Dear Alice,

I have two questions:

1. It's getting to be summer over here; I don't know if that's part of it, but why do so many people wear sneakers or sports shoes without socks? Is it a new style or something?

2. Does it mean I have a foot fetish if I get a "hard on" when I see other guys not wearing socks? I mean, I've seen the foot fetish web pages and I have no reaction to them (basically the same reaction as if I were reading a VCR manual). And, occasionally, I do get a really big "woody" when I go out in public barefoot in my high-top sneakers or see other people do it.

Signed, Reader

Read more [6]