August is National Immunization Awareness Month! [1]

Week of:
Aug 24, 2018

Should I get a flu shot? [2]

Dear Alice,

Since winter is approaching soon and it is the time for sniffles and sneezing, what do you think about getting a FLU SHOT as an ounce of prevention?

? Achoo, cough, cough

Read more [2]

What's up with FluMist? [3]

Dear Alice,

I have heard numerous reports in the media where they make mention of the "live flu virus" in the flu vaccine, specifically "flu-mist." This is mentioned in conjunction with a warning to avoid contact with this and that (yadda, yadda) for a certain time period. This confuses me. I was under the impression that the flu vaccines contain dead viruses and that it was not possible to catch the flu from the vaccine. Which is it?

Read more [3]

Afraid of shots [4]

Dear Alice,

I am really afraid of shots. What should I do? I feel really embarrassed asking this. HELP!

Read more [4]

Meningitis: Should I get the vaccine? [5]
(1) Dear Alice,

I'm a college student and I've heard in the media that meningitis vaccine shots are recommended. How do I get more information and a shot?

(2) Dear Alice,

As a parent of a college freshman this fall, I was concerned about the increasing publicity that Meningitis has received recently over the networks. Since the population most likely to be infected includes young adults living in close quarters, do you recommend vaccination and where is it available?

A concerned Parent

Read more [5]

**Cut by rusty metal! Do I need a tetanus shot?** [6]

Dear Alice,

If you step on a nail and have not had a tetanus shot in the last five years, how soon should a person be vaccinated? 24 hours? 48 hours?

Read more [6]

---

**Footer menu**

- Contact Alice!
  - Content Use
  - Media Inquiries
  - Comments & Corrections
- Syndication & Licensing
  - Licensing Q&As
  - Get Alice! on Your Website
  - Full Site Syndication
  - Link to Go Ask Alice!

Go Ask Alice! is not an emergency or instant response service.

If you are in an urgent situation, please visit our Emergency page to view a list of 24 hour support services and hotlines.

**Source URL:** https://goaskalice.columbia.edu/theme-week/august-national-immunization-awareness-month

**Links**