The BASICS program is designed to assist students in examining their own drinking and substance use behavior. The program consists of two 1-hour sessions with a provider and a brief assessment survey taken by the student after the first session. Students who participate in the program select their own objectives, focusing on reducing their higher-risk behaviors and limiting the potential harmful consequences of their use.

Phone: (212) 305-3400
Website: Student Health Service BASICS program (CUMC) [2]